



Day 4: Scavenger Hunt

It's time to get your body warmed up for the Walk this Sunday. Complete the list of items below and email your photos for the South Dakota Walk to SDEvents@komengreatplains.org by Sept. 25 or for the Nebraska Walk NEevents@komengreatplains.org by Oct. 9 to be entered in for some Komen swag!

Did you know research has shown that being physically active may reduce the risk of breast cancer.

Item 1: Take a walk, big or small, to get your body active and ready for Sunday!

Let's celebrate our survivors and support those living with metastatic breast cancer.

Item 2: Find one thing pink and one thing teal on your walk.

1 in 8 women in the U.S. will be diagnosed with breast cancer in their lifetime.

Item 3: Find the number 1 or 8 on a street sign, address, or yard sign

Research, Care, Community and Action are the MORE THAN PINK Walk Pillars that represent Susan G. Komen's comprehensive approach to fighting breast cancer.

Item 4: On your walk find something that represents one of these pillars to you (can be one of the colors, or symbolic to what these pillars mean)

Item 5: Share a photo of a furry friend with you on your walk or something else you enjoyed seeing on your walk